Join us for a Celebration of
Local Food, Farming and Community!

October 21-23, 2005

Friday Oct. 21, 7 PM
“Fields of Plenty: A Farmer’s Journey in Search of Real Food and the People Who Grow It”
Keynote address by:
Michael Ableman
Farmer, Writer, Photographer
Urey North Underground Lecture Hall
University of Montana

Friday Night Downtown
Join family and friends at one of your favorite restaurants offering special menu items featuring locally grown cuisine!

Saturday Oct. 22, 12-4 PM
Caras Park
Locally-Grown Foods
Kids’ Activities — Cider Pressing — Petting Zoo
Potluck Parade—Dress as Your Favorite Food!
Great Speakers, Demonstration Booths
Cooking Demonstration by Chef Tom Siegel
Winner of culinary excellence award featuring local food
Missoula Microbrews
Music by Broken Valley Roadshow
Special Appearance by the Local Yokels!

Sunday Oct. 23, 3:30-5 PM
Michael Ableman Reading
Camas Magazine benefit
Fact and Fiction Bookstore — 220 N. Higgins Avenue
Join Michael for a reading from his book while enjoying local food and spirits.

Sponsored by the Community Food and Agriculture Coalition and the University of Montana Environmental Studies Program
For more information: www.umt.edu/cfa
A closer look at the weekend’s events

**Michael Ableman** ([www.fieldsofplenty.com](http://www.fieldsofplenty.com)) is a farmer, educator, founder and Executive Director of the Center for Urban Agriculture at Fairview Gardens, CA, (where he farmed from 1981 – 2001). He is currently farming on an island in British Columbia with his wife and two sons. He is the author/photographer of *From the Good Earth, On Good Land, and Fields of Plenty: A farmer’s journey in search of real food and the people who grow it*. His latest book, *Fields of Plenty* (2005), describes a growing community of organic farmers and food artisans around the country who are producing sustainable nourishment that is respectful to the land and rich in heritage, flavor, and passion.

**Friday Night Downtown**

Before heading to the presentation by Mr. Ableman, join with friends and family for a special evening at one of these restaurants offering local food on their menu.

- Rattlesnake Gardens
- The Fireplace Organic Pizza
- Union Club
- Two Sisters
- TheShack
- The Catalyst
- Bridge Bistro
- Shadow’s Keep
- Pearl Café
- Scotty’s Table
- Sushi Hana
- Red Bird
- Tipu’s Tiger

And more! Look for our posters at your favorite restaurant.

**Saturday’s Activities at Caras Park**

Performances by the **Local Yokels** (a traveling comedy, educational and musical extravaganza) and **A Very Veggie Skit** performed by area school kids!

**A Potluck Parade for All Ages - everyone** is encouraged to dress as your favorite food for our parade around Caras Park and the Clark Fork Market!

*Food and Beverage Vendors featuring local foods, beer and wine.*

Bluegrass music provided by the **Broken Valley Roadshow**

Kid’s Activities include: Pumpkin Carving • Petting Zoo • Potato Stamps • Indian Corn Necklaces

Special informational presentations by:
- Bonnie Buckingham, Community Food and Agriculture Coalition of Missoula
- Martha Buser, Chef & Co-Owner of The Catalyst  * Jon Tester, Organic grain farmer & state senator
- Dennis Iverson, Potomac-area rancher and board member of the Blackfoot Challenge
- Michael Ableman, Farmer, photographer & writer  * Minkie Medora, Montana Food Policy Council

**Cooking Demonstration by Tom Siegel:** University of Montana Executive Chef, C.E.C., brought home the gold medal in the entrée division in the 2nd annual Montana Chef Competition for the Culinary Excellence Award. The competition, sponsored by the Montana Department of Agriculture, was to promote the use of Montana ingredients at fine dining restaurants. Be sure to check out his award winning style!

**Sunday’s Benefit for Camas Magazine:**

Fact and Fiction Bookstore will be hosting a benefit reception and book reading by Michael Ableman. *Camas Magazine* is a biannual environmental journal created and published by the graduate students of the University of Montana Environmental Studies Program.